

Newman Churchlands Swimming Club

August 2017 Newsletter

WINTER SEASON

President's Message

We are well into our Winter Training squads and a small but committed bunch of swimmers are maintaining their winter fitness at Lords. It is great to see Tatenda back in the pool for the NCSC.

I would like to welcome new members to the Club

Committee for season 2017-18 -- Tracey Lewis,

Paul Mitchell, Magda Damovski and James Symons. We also farewell some hard-working people who have put in many hours to help out in Tom Edrich and Mark Terry. New blood on the committee always brings new ideas and our first committee meeting since the AGM was great with new ideas being discussed.

Congratulations to all trophy winners from last year who were acknowledged at our AGM in April. If you think you may have received a trophy but have not collected it, please drop us an email to arrange collection.

New season, revamped committee

This season the Club has welcomed some new faces onto the committee and farewelled some wonderful people who have served the club well over recent years.

Your 2017-2018 Committee is:

President: David Creed
Vice President: Damien Giumelli
Secretary: Megan Jamieson
Treasurer: Terry Hobson



The new solar panels are in place and already

Pool Heating Update

I am sure you are all wondering how the heating project is going! The solar panels are in and are already generating electricity. These panels will be providing electricity to offset the power used by the pool heat pumps when they are running.

However, this is now more than just a heating project as the school has taken the opportunity to do works in and around the pool area. This means a short-term delay for us being able to use the pool at the start of the 2017-2018 season.

When the upgrades are all complete, the Newman pool will be the envy of many other schools and swimming clubs.

The build program for the works means we will be into the New Year before we get back into the pool. The committee is currently looking for available pool space to use during this period. We will keep you updated as soon as we have any information.

All the best for the rest of winter.

Dave Creed, President

Registrar: Angela Tanham
Head coach: Mark Sagers

ELECTED COMMITTEE MEMBERS

Kim Watson
Michelle Andrews
Nathan Gavin
James Symons
Tracey Lewis
Magda Damovski

FROM THE COACH

Winter club update from Head Coach Mark Saggars

We are now up and running with our winter squads. Training is on every Monday and Friday (4.30pm to 6pm) at Lords in Subiaco.

All swimmers are having great fun in the heated pool.

The more the merrier so if you are keen to jump in for a winter swim we would love you to come and join us.

I would like to introduce a new swimmer to the club — Luis Uribe. Luis is committed to training and making nice progress.

It's lovely to see the clan of three girls from the Bantock family, two from the Paterson and Mizen families also in the pool.

One of our swimmers cannot make up her mind if she wishes to be in plaster casts or in the pool! Poor Zoe Trovato has had a rough run over the last 12 months but luckily, at the moment, she is in the pool.

Josh Downes is certainly enjoying the warm winter after being in England for the last 10 years. It is great to see you in the pool Josh.

Welcome back Tatenda — it's very nice to see you back at Newman Churchlands.

Finally, to the strong backbone of the club, the ones who always swim — Emily, Patrick, Rebecca, Joel and Ben Yancazos — keep up the good work.



Mark with 2016-17 club captains Rebecca Saggars & Jaxon Creed

Squads:

GREEN is our introductory squad. Members are introduced to the 3 main strokes, as well as turns, finishes and starts. Less emphasis on butterfly. Squad members will swim approximately 1.5km per session.

BRONZE Squad members are introduced to reading sets from the white board. Generally this squad will swim about 2km a session.

SILVER Squad members will concentrate on turns, stream lining and race techniques. The 4pm squad will swim approximately 2.5km while the older squad members in the later session will swim 3 to 3.5 km.

GOLD Squad is about strength and endurance and is positioned for those swimmers wanting to do open water swimming and take their swimming to the next level.

Winter Squad training times (At Lords Sports Club in Subiaco):

Monday — 4.30–6pm (combined juniors and seniors)

Upcoming Swimming WA swim meets I would like to target:

SWA SC Rookie meet

Venue: HBF Stadium

Closing Date: 10th August, Competition date: 20th August.

Breakers meet

Venue: HBF Stadium

Closing Date: 21st August, Competition date: 27th August.

SWA Junior SC meet

Venue: HBF Stadium

Closing Date: 18th September, Competition date: 23rd and/or 24th September.

Please see the Swimming WA website and Mark Saggars for more details and enrolment

COMMITTEE

VALE: PAUL THORP

Paul joined the Newman Churchlands Swimming Club committee in 2014 as Vice President.

From his first meeting it was clear Thorpy was committed to making the club a great place for the kids to swim, and the work he put in was nothing short of amazing. It didn't matter whether it was for the heating project, the NCSC Evening Dash, Bunnings sausage sizzle or McGowan Relay; he was always available to lend a hand.

Paul took on the enormous challenge of making the pool heating a reality and he commit a large amount of time to the task. Two of Paul's many strengths were very evident throughout – his professional approach and his ability to talk to people from all levels and walks of life. Meetings with the school, potential suppliers and consultants, whether it was about financial figures depicting the ROI on the investment or where we might need to rout a pipeline, were all handled with ease.

Paul achieved in his short time on the committee what people have been trying to do for years, with the heating due to be completed this summer. So many people will benefit from his efforts – not only our club members but also the students of Newman College, the children who come to the NCSC Swimming Lessons and the Masters Swimmers.

As President, I spoke with Paul regularly, about many things and my lasting recollection is that no matter what we were talking about or how serious the matter, humour was always a part of the conversation.

Paul is survived by his wife Michele and their children Molly and Ben, and our thoughts and deepest sympathy go out to them.

Vale Paul. Our club is a better place because of you.

**Swimming Australia JX Awards**

Congratulations to our swimmers who have been awarded Junior Excellence Awards as part of the Australian Junior Excellence Program (JX) .

The program recognises, rewards and encourages junior swimmers who achieve a high standard of swimming excellence.

Under the program, swimmers aged from 9 to 16 years, who accomplish times set by Swimming Australia, qualify at Gold, Silver, Bronze or Green standard, depending on their best performance/s during the season.

The 2016-2017 program recognised performances from 6 April 2016 to 30 April 2017.

We congratulate the following swimmers on their dedication and fantastic performances throughout the season.

Green

Brody Andrews, Jasmine Terry

Silver

James Watson

Gold

Charlie Watson

Congratulations everyone. We will let you know how to collect your JX prize packs!

For more information about the qualifying times in the program, click [here](#)

NEWS

SEASON 2016-2017 AWARD WINNERS

| AGE GROUP | GIRLS | BOYS |
|-------------|----------------------------|---------------------------|
| 9 year old | 1 Lucy Dutton | 1 Oliver Green |
| | 2 Jasmin Afflick | 2 Stefano Rapanaro |
| 10 year old | 1 Olivia Dutton | 1 Charlie Watson |
| | 2 Molly Symons | 2 Shea McNally |
| 11 year old | 1 Rebecca Harris | 1 Max Hobson |
| | 2 Sophie Scott | 2 Harry Hankinson |
| 12 year old | Equal 1st Jessica Damovski | 1 James Watson |
| | Equal 1st Jasmine Terry | 2 Finn Tanham |
| 13 year old | 1 Saoirse O'Dea | 1 Brody Andrews |
| | | 2 Hunter Ceglinski-Edrich |
| 14 year old | 1 Meg Hobson | 1 Mitchell Harris |
| | | 2 Ben Johnson |
| 15/over | Equal 1st Rebecca Saggars | Equal 1st Jaxon Creed |
| | Equal 1st Emily Andrews | Equal 1st Matt Giumelli |

PERPETUAL TROPHY WINNERS

Colvin perpetual trophy (Sub Junior Encouragement Award)
Lucas Mizen

Life members trophy (Best Sub Junior) Charlie Watson

Dolman Cup (Most Improved Junior)
Caitlin Vile

Jim McMahon Memorial Shield (Best Junior)
Brody Andrews

The Committee Shield (Most Improved Senior)
Emily Andrews

Tanham Perpetual Trophy (Best Senior)
Rebecca Saggars

Greg Boylan perpetual trophy (most outstanding learner graduate) Stefan Constantine

Swarbrick perpetual trophy (Most Dedicated at Club Training)
Molly Symons

Sands Trophy (Best Club Member)
Les Andrews

Peter McGowan Relay Shield
Matthew Giumelli, Tom McMahon, Darcy Newland, Hudson Hope

Admirals Cup
Male – James Symons
Female - Jenny Vile



PHOTO GALLERY



Photos from our Annual General Meeting which also served as the Awards Presentation for season 2016-17. Pictured are some of the trophy winners.

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